

# Miles Smith Farm

## Our Story



### Owners

A resident of Loudon, NH for over 40 years, Carole Soule and her husband, Bruce Dawson, own Miles Smith Farm, a 37 acre cattle farm in Loudon. Miles Smith started farming the property in the 1830's and is buried with his family in a cemetery on the property. Today, Bruce and Carole continue the farming traditions Miles established. Their cattle rebuild soil on the farm and on over 300 acres of leased land. Consumers can enjoy locally raised grass fed beef knowing that each purchase is not only healthy for them but also helps build soil.

### How

New England has a wealth of farmers who raise cattle with care for the betterment of the environment and the health of the animals. We purchase cattle from farms that follow the Miles Smith Farm Quality and Welfare Standards to provide humanely raised, healthy beef for everyone.

The cycle of health creates a system that improves our health, our soil, our cattle and our environment. Buy local to support this health cycle.

### Summer Camp for Cattle

Miles Smith Farm leases over 300 acres of mixed farmland throughout New Hampshire. These fields range from almost forest to lush apple orchards. We help the owner fence the land, set up a water system and pasture our cattle in these fields during the summer.

This process helps the landowner maintain open space, gives our cattle access to grass and reduces our dependence on hay harvested using fossil fuels by extending our grazing season into the late fall and early winter.

### Community

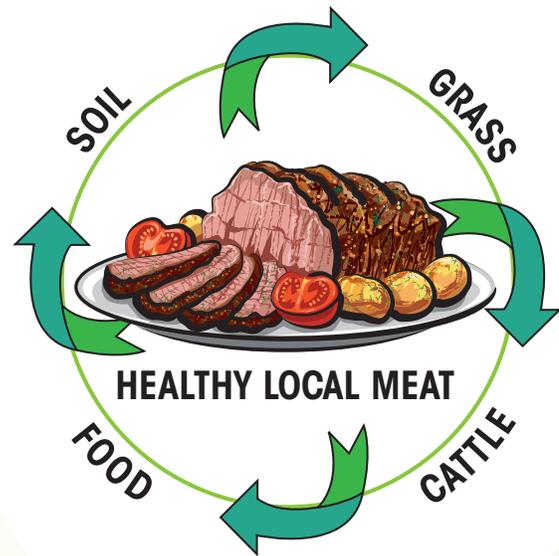
We purchase cattle from local farmers who improve the environment for everyone so that the healthy, local meat can be kept in the community.

Did you know that at one time there were cattle drives in New Hampshire where farmers moved their livestock from winter pasture to summer fields? This is a tradition we carry on today using our Miles Smith Farm "Cow Taxi."

### All About Health

Healthy local meat starts with healthy soil. Soil is the foundation for grass which provides nutrition for cattle. Healthy cattle provide healthy meat.

**USDA Inspected Beef.**



**MILES SMITH FARM**

Federal funds for this project were awarded under the Local Food Promotion Program of the Agricultural Marketing Service, U.S. Department of Agriculture